

HEDIS HINTS – SPC

- Statin Therapy for Patients with Cardiovascular Disease (SPC)

What are the Measures?

These two measures focus on the importance of appropriate administration and adherence of statin therapy.

- Percentage of males 21-75 years of age and females 40-75 years of age who were identified as having clinical atherosclerotic cardiovascular disease (ASCVD) and met the following criteria
 - Received Statin Therapy: members who were dispensed at least one high or moderate intensity statin medication
 - Statin Adherence: members who remained on a statin medication (high or moderate intensity) for at least 80% of the treatment period during the calendar year.

Why are these measures important?

Statins are a class of drugs that lower blood cholesterol. American College of Cardiology and American Heart Association (ACC/AHA) guidelines state that statins of moderate or high intensity are recommended for adults with established clinical ASCVD. Guidelines also state that adherence to statins will aid in ASCVD risk reduction in identified populations.

How can I improve my HEDIS scores?

- Prescription is submitted and MCO receives the pharmacy claims for high intensity or moderate intensity statin medication during the measurement year
- MCO receives the pharmacy claims for a high intensity or moderate intensity statin medication throughout the measurement period that will total 80% compliance.
- Ensure there is documentation in the medical record related to exclusion criteria per ICD 10 coding and submitted on a claim.

High Intensity Statins	Moderate Intensity Statins
<ul style="list-style-type: none"> • Atorvastatin 40-80 mg • Amlodipine-atorvastatin 40-80 mg • Ezetimibe-atorvastatin 40-80-mg • Rosuvastatin 20-40 mg • Simvastatin 80 mg • Ezetimibe-simvastatin 80 mg 	<ul style="list-style-type: none"> • Atorvastatin 10-20 mg • Amlodipine-atorvastatin 10-20 mg • Ezetimibe-atorvastatin 10-20 mg • Rosuvastatin 5-10 mg • Simvastatin 20-40 mg • Ezetimibe-simvastatin 20-40 mg • Niacin-simvastatin 20-40 mg • Sitagliptin-simvastatin 20-40 mg • Pravastatin 40-80 mg • Lovastatin 40 mg • Niacin-lovastatin 40 mg • Fluvastatin XL 80 mg • Fluvastatin 40 mg bid • Pitavastatin 204 mg

Exclusions

Exclude members who meet any of the following criteria:

- Pregnancy diagnosis coding during measurement year or year prior
- In vitro fertilization in the measurement year or year prior
- Dispensed at least one prescription for estrogen agonist (clomiphene) during the measurement year or year prior.
- ESRD diagnosis coding during the measurement year or year prior
- Cirrhosis diagnosis coding during measurement year or year prior
- Myalgia, myositis, myopathy, or rhabdomyolysis diagnosis coding during the measurement year.
- Members on hospice are excluded from the eligible population.

Reference: National Committee for Quality Assurance. (2018). HEDIS 2019 Volume2 Technical Specifications for Health Plans Washington, DC 20005: American Medical Association. Pg. 142-147.