

Provider Report



Opioid Abuse

Nebraska Total Care is committed to working with you to address treatments for pain management and provide the most effective and safest possible care. As your partner, we can help to identify potential issues before they become problems and offer successful solutions that lead to better outcomes.

- Review prescribing guidelines. If you are considering prescribing opioids, the Centers for Disease Control and Prevention (CDC) offers some standard guidelines:
- Consider non-opioid therapies first, except in cases involving cancer, palliative and end-of-life care.
- Start at the lowest dose if prescribing opioids to reduce risks of opioid use disorder and overdose, and reassess frequently.
- Prescribe 50 morphine milligram equivalents (MME) or less, and never more than 90 MME.
- A duration of three days should be enough for acute pain, no longer than seven days.

State Prescription Drug Monitoring Program (PDMP) Database

PDMPs are valuable systems to help you make clinical decisions, provide data at the point of care and track

prescription data across states. Taking advantage of the state PDMP database will help to mitigate issues with detecting potential misuse or diversion, reducing drug interactions, discovering multiple prescribers and identifying opportunities to provide education about prescription drug safety. Always check the [Nebraska PDMP](#) before prescribing opioids.

- [Prescription Drug Monitoring Program \(PDMP\) Presentation](#)
- [Prescription Drug Monitoring Program \(PDMP\) Registration FAQ](#)

Taper opioids when ready

In addition to knowing when and how to prescribe pain medication, recognizing when to begin tapering patients off opioids can be equally challenging. The CDC recommends¹ developing taper plans for patients who:

- Have dosages above 50 MME (except cancer, palliative and end-of-life care)
- Request a reduction
- Experience an overdose or other adverse event
- Show signs of substance use disorder
- Do not have clinically meaningful improvement in pain and function



Supporting Health Equity Through CLAS



Centene has adopted the Culturally and Linguistically Appropriate Services (CLAS) Standards, as developed by the U.S. Department of Health and Human Services, Office of Minority Health. These standards serve as a key resource in supporting the delivery of culturally sensitive, high-quality care to diverse populations. To support providers in applying these principles in practice, we encourage participation in the [Culturally Appropriate Care and Health Equity](#) course offered by the Centene Institute for Advanced Health Education. This course explores how culturally appropriate care can improve patient outcomes, safety, and experiences in healthcare.

How to Create an Account and Register

If you have not set up a profile with the [Centene Institute](#), click "Register" and select "Create New Account." Complete all required fields and submit your information. Once logged in, return to the course page, select "Register," and then click "Take Course" to begin.



Centene Vision Services

Centene Vision Services is a leader in exceptional, tailored vision benefits and services for Medicaid, Medicare, and Marketplace member products.

Has a Change Occurred in Your Vision Office?

If your office has had any recent changes, please visit the [provider forms page](#) and complete the form that applies to your situation. Keeping your information up to date helps members make informed decisions when choosing care.

Not sure if an update is needed? Use the Find a Provider tool at [centenevision.com/fap](#) to search for your profile. What you see is exactly what members see.

Beware of Fraudulent Payment Requests

There have been fraudulent communications sent via email to providers appearing to be from Centene Vision requesting payment. Please review the sender's email address carefully before responding. All emails from Centene Vision will come from a [@centene.com](#) or [@envolvehealth.com](#) email address.

If you receive a communication that you are unsure about, please contact Centene Vision Provider Services at 844-813-6769 to confirm whether any action is needed.

Centene Vision Services Proudly Serves



30

STATES +
PUERTO RICO



26,000+

PROVIDERS



716,000

MEDICARE LIVES



4.7M

MARKETPLACE
LIVES



10M

MEDICAID
LIVES

**Data is current as of March 2026*



Provider Services: 1-844-385-2192 (TTY 711)
Provider Relations: ProviderRelations@NebraskaTotalCare.com
Contracting: NetworkManagement@NebraskaTotalCare.com

Mailing Address:
Nebraska Total Care
Attn: Provider Relations
2525 N 117th Ave, Suite 100
Omaha, NE 68164-9988

Claims Address:
Nebraska Total Care
Attn: Claims
PO Box 5060
Farmington, MO 63640-5060