

# Provider Report



## Guidelines for Care

Nebraska Total Care adopts preventive and clinical practice [physical health guidelines](#) and [behavioral health guidelines](#) based on the health needs of our membership and on opportunities for improvement identified as part of the quality improvement (QI) program.

When possible, we adopt preventive and clinical practice guidelines formulated by nationally recognized organizations, government institutions, statewide initiatives or a consensus of healthcare professionals in the applicable field.

Guidelines are available for preventive services, as well as for the management of chronic diseases, to assist in developing treatment plans for members and to help them make healthcare decisions. Nebraska Total Care evaluates providers' adherence to the guidelines at least annually, primarily through monitoring of relevant HEDIS measures.

The guidelines:

- Consider the needs of the members
- Are adopted in consultation with network providers
- Are reviewed and updated periodically, as appropriate
- Are intended to augment, not replace, sound clinical judgment

Preventive and chronic disease guidelines and recommendations include:

- Adult, adolescent and pediatric preventive care guidelines
- Guidelines for diagnosis and treatment of ADHD, asthma, depression, diabetes, hypertension and other diseases and disorders

For the most up-to-date guidelines or to review our [clinical and payment policies](#) (behavioral health, physical health, pharmacy), go to [NebraskaTotalCare.com](http://NebraskaTotalCare.com) or call 1-844-385-2192 (TTY 711)

If you have questions, please contact [Provider Relations](#).

## HEDIS Performance Measures

The Healthcare Effectiveness Data and Information Set (HEDIS) is a set of performance measures updated annually by the National Committee for Quality Assurance (NCQA).

Most health plans use HEDIS to measure performance on important aspects of care and service. Through HEDIS, NCQA holds Nebraska Total Care accountable for the timeliness and quality of healthcare services (including acute, preventive,

mental health and other services). We also review HEDIS data to identify opportunities to improve rates and ensure our members are receiving appropriate care.

Nebraska Total Care's HEDIS scores can be found online in the Quality Improvement Evaluation.

Learn more about HEDIS. HEDIS® is a registered trademark of the National Committee for Quality Assurance (NCQA).